

Nightlife Disability Services ABN 45 529 705 877
SD02 Individual Choice and Decision Making



1. Introduction

Nightlife Disability Services (Nightlife) is committed to ensuring that each service user is supported to make informed choices, exercise control and maximise their independence relating to the supports provided. This includes having access to an advocate to assist in exercising choice.

In the provision of its supports and services, Nightlife will ensure that people have the right to:

- (1) respect for their human worth and dignity.
- (2) freedom of expression, self-determination and decision-making.
- (3) realise their potential for physical, social, emotional and intellectual development.
- (4) full participation in society equal to other people, according to their individual and cultural needs and preferences.
- (5) autonomy including their right to intimacy and sexual expression.
- (6) information and support to understand and exercise their legal and human rights.
- (7) privacy of their personal information.
- (8) raise concerns and be supported to formalise complaints.

In recognising every individual's right to self-determination, Nightlife encourages all service users with the choices they make and works to deliver supports to achieve expressed goals.

All people with disability are assumed to have capacity to make decisions, exercise choice, and provide informed consent regardless of their disability. Choice includes smaller decisions about everyday living, through to more complex consultation on co-design of services.

This policy supports Nightlife to apply the Independence and informed choice NDIS Practice Standard.

1.2 Scope

This policy applies to the provision of all services and supports at Nightlife. All workers are provided with a copy of this policy in their orientation and induction materials and are required to take full responsibility for committing to this policy.

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2. Quality Indicators

Nightlife has designed its services and processes to ensure that people with a disability are the directors of their support and in control of their lives. We collaborate and consult with service users and their families, carers and chosen communities to promote and ensure active choice and control in relation to the services and supports they want and need. Nightlife will:

- (a) ensure we provide service users with sufficient time and support to consider options, lead and participate in decisions that affect their lives through their involvement in the planning, provision, management and evaluation of the services and supports they receive.
- (b) employ a person-centred approach in service delivery, placing the individual's right to self-determination at the centre of decision-making processes
- (a) ensure active decision-making and individual choice is supported through the timely provision of information using the language, mode of communication and terms that the service user and their supporters are most likely to understand.
- (c) provide accessible information so that service users can make informed choices, including a dignity of risk decision.
- (d) proactively and sensitively support people to develop their capacity to make informed choices, exercise control and maximise their independence relating to the services and supports we provide to them.
- (e) support people's right to access an advocate (including an independent advocate) of their choosing and to support the involvement of peoples advocates in service planning and delivery
- (f) ensure that staff understand our choice and decision-making policy and have the skills to support and promote and ensure active choice and control by service users as directors of their care

3. General

This policy is complimented by our broader policy, procedures and forms outlined in the policy register

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