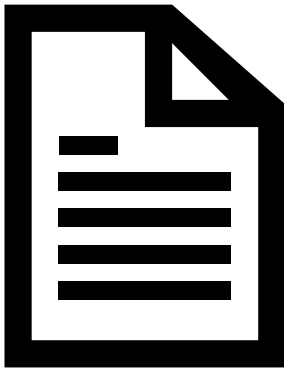


SD09 BEHAVIOURS OF CONCERN & REPORTING OF RESTRICTIVE INTERVENTIONS



1. Introduction

Nightlife Disability Services (Nightlife) is committed to ensuring least restrictive practice and appropriate supports are provided to service users who may respond and communicate through behaviours of concern.

We believe all service users have the right to access behaviour support that is appropriate to their needs which incorporates evidence-informed practice and complies with relevant legislation and policy frameworks.

As an agency primarily supporting people with a physical disability, Nightlife is not registered to deliver behaviour therapy or behaviour supports. Where a service user has a behaviour of concern identified, which requires any restrictive form of behaviour management, or where an authorised or emergency restrictive practice is used or identified Nightlife will comply with the NDIS standards and notify the Commissioner of all reportable incidents involving the use of an unauthorised restrictive practice in accordance with the National Disability Insurance Scheme (Incident Management and Reportable Incidents) Rules 2018.

Nightlife will meet the following standards in supporting someone who may be subject to a behaviour support plan, or who is subject to unauthorised restrictive practices:

- We will maintain a contemporary knowledge and understanding of the NDIS and Victorian behaviour support legislative and policy frameworks.
- We will have a demonstrated and appropriate understanding of evidence informed practices to behaviour support
- We commit to reducing and eliminating restrictive practices
- Workers receive training in identification and elimination of restrictive practices
- Collaboration is undertaken with other providers that could potentially work with the service user to implement strategies in their behaviour support plan.
- Supervision and performance management ensures that workers are identifying restrictive interventions and reporting behaviours of concern or interventions appropriately.
- Each client that is subject to an emergency or unauthorised use of a restrictive practice has the use of that practice reported and reviewed, and receives evidence informed interim plan to minimise risk.

We will work with our service users and families to identify where people may be at risk or require behaviour support. Including for:

- A new service user that already has a behaviour support plan in place
- A current service user that has had a change in circumstances, requiring behaviour support
- Receipt of an incident report detailing unauthorised use of a restrictive practice

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Where behaviours of concern and behaviour supports are identified at referral, Nightlife will assist the service user and their supporters and advocates to find an alternate and skilled provider.

In delivering services, if a behaviour of concern is identified or a behaviour support plan is identified OR a restrictive practice is identified; Nightlife will:

- report in keeping with the National Disability Insurance Scheme (Incident Management and Reportable Incidents) Rules 2018,
- seek urgent specialist support and
- develop a transition plan with the service user and their supporters to appropriately registered and qualified services.

1.1 Scope

This Policy applies to clients of Nightlife who experience distress and display behaviour or are at risk of displaying behaviour that causes or may cause physical or other harm to themselves or any other person, or property destruction that may cause harm.

The policy extends to anyone involved in the implementation and monitoring of behaviour support plans for clients, including support workers, family and carers, broader community networks and specialist providers (medical, psychiatry, education, allied health or justice services). All staff are required to take full responsibility for understanding this policy.

The Nightlife CEO is responsible for monitoring and reporting any instance of restrictive intervention.

2. Definitions

BSP means a behaviour support practitioner.

Commissioner means the NDIS Commissioner.

PBS Capability Framework means NDIS Positive Behaviour Support Capability Framework: For NDIS Providers and Behaviour Support Practitioners.

RRP means regulated restrictive practices. These are any practice or intervention that has the effect of restricting the rights or freedom of movement of a person with disability. Any use of a restrictive practice must be aligned with the Victorian authorisation process and included in the person with disability's behaviour support plan. The types of regulated restrictive practices are:

Seclusion, which is the sole confinement of a person with disability in a room or a physical space at any hour of the day or night where voluntary exit is prevented, or not facilitated, or it is implied that voluntary exit is not permitted

Chemical restraint, which is the use of medication or chemical substance for the primary purpose of influencing a person's behaviour. It does not include the use of medication prescribed by a medical practitioner for the treatment of, or to enable treatment of, a diagnosed mental disorder, a physical illness or a physical condition

Mechanical restraint, which is the use of a device to prevent, restrict, or subdue a person's movement for the primary purpose of influencing a person's behaviour but does not include the use of devices for therapeutic or non-behavioural purposes

Physical restraint, which is the use or action of physical force to prevent, restrict or subdue movement of a person's body, or part of their body, for the primary purpose of influencing their behaviour. Physical restraint does not include the use of a hands-on technique in a reflexive way to guide or redirect a person away from potential harm/injury, consistent with what could reasonably be considered the exercise of care towards a person.

Environmental restraints, which restrict a person's free access to all parts of their environment, including items and activities

3. General

The application of the above NDIS Practice Standard is supported by our broader Policies and Procedures outlined in our Policy Register.

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